

Know Before You Go

Active Adult Center 50+ Trips & Outdoor Recreation

Knowing what to expect supports the group to enjoy positively memorable trips.



TRIP REGISTRATION

- Each participant must register with their own account and provide an emergency contact.
- Register only for trips that match your ability. See trip rating and description and ask questions.
- Patrons must be able to participate in planned trip activities independently OR have a personal aide register and buy a trip seat to provide direct support.
- For proper seating, accommodation, and storage, report these with every trip registration: use a cane, walker, wheelchair, or oxygen; low core strength
- When a trip reaches capacity, register for the wait list. Individuals on the wait list are called as soon as openings become available.



REFUND, CANCELLATION & TRANSFER POLICIES:

- If minimum registration is not met, a trip may be canceled, and fee credited.
- Trip cancellations must be made with AAC staff by phone or in person. If you choose to withdraw from a trip, call 303-205-7500 by the published CANCEL BY date to receive a credit. Refunds by check or credit card take 3 weeks and are subject to a \$5 service charge. If you cancel/no show after the published CANCEL BY date, the trip fee is forfeited.
- Trip registrations may not be transferred to another person.



TRIP TIP: Always bring a water bottle and dress for variable conditions.



GETTING THERE

- Transportation on 15-passenger van/mini-bus is included in trip fee.
- Trips depart on time. Arrive 15 minutes before departure. Return times are approximate.
- For trips departing from the Active Adult Center, park on the street or in the center's back lot.
- Outdoor recreation trips depart from Founders Park, 3705 Jay St. Park at Founders Park.
- Trip Drivers/Leaders will assist patrons on/off the van as needed and stow personal equipment like a cane, walker, or oxygen tank as required by the City's insurance carrier.



BE PREPARED

- Be sure to read your registration receipt for accurate trip details.
- Bring a water bottle and dress for variable conditions.
- Meal cost is on your own unless stated as included. Expect about \$20 plus gratuity for most meals.
- Wondering how weather may affect your trip? Call the Trip Hotline 303-235-2842.



TRIP ETIQUETTE

- Participants are expected to be respectful and abide by the Trip Driver/Leader's instructions.
- Avoid distracting the driver/leader when driving.
- Please refrain from unnecessary cell phone use during a trip.
- For the comfort of all aboard the trip van, please avoid cologne/perfume use.

GENERAL TRIP RATINGS

The trip rating and description conveys the level of physical activity involved. Every trip requires the ability to get on/off the van independently using grab bars and three steps.

Need an accommodation? Contact AAC staff.

QUESTIONS? Contact Christine Leahy, Trip Coordinator, 303-205-7510 or cleahy@ci.wheatridge.co.us

Learn more about our trip rating system and what to expect at www.rootedinfun.com/trips

EASY – Mostly sitting; accessible venue

LIGHT – Self-paced walking on even surfaces; accessible venue

MODERATE – Walking on varied surfaces/possible stairs; pace may be determined by guide

ACTIVE – Lots of walking; brisk pace; stairs or venue not accessible; elevation over 9,000'

NOTE: Ratings for outdoor recreation trips are separate.